



Advances in Dietary Supplements

Guest Editor:

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Deadline for manuscript
submissions:

closed (15 September 2018)

Message from the Guest Editor

Dear Colleagues,

This Special Issue of *Nutrients*, entitled “*Advances in Dietary Supplements*”, welcomes the submission of original research manuscripts and/or reviews of the current scientific literature. Consumers utilize and have faith in a variety of products; this is illustrated by the rapid expansion of the dietary supplement market over the last 20 years. Their mainstream use and availability creates an enormous need for balanced and credible scientific evidence highlighting their safety, efficacy and potential effects on human health.

Manuscripts should focus on the benefits and harms of dietary supplement use across the population or a specific subpopulation. Potential topics may include, but are not limited to:

- Health effects of dietary supplements (both positive and negative), with an emphasis on human studies.
- Human clinical trials, controlled feeding studies, or longitudinal analyses of dietary supplement use.
- Motivations for and prevalence of dietary supplement use.
- Mechanism(s) of action and/or synergistic interactions of compounds within dietary supplements.
- The effect of dietary supplements on biomarkers of nutritional status, particularly those measured in human samples.
- Development of analytical methods for identification and quantification of dietary





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