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## Dietary Intake of Natural Molecules, Diseases and Health

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### Message from the Guest Editor

Dear Colleagues,

Natural molecules are possessed with mechanisms of action that can intervene in multiple disease targets and pathways, which have stimulated considerable interest among researchers in natural drug therapies.

This Special Issue aims to describe and stress the importance of natural molecules in human health and disease development; understand the mechanism(s) whereby natural molecules can affect disease development; and examine potential novel therapies. This Special Issue is open for the submission of articles and reviews describing the available literature and research evidence, with a critical examination of the data and identification of current research outcomes and study limitations and potential advances in knowledge in the research area. Exploring the effects of natural molecules, including nutrients, supplements, or extracts from plants on disease development, is within the scope of this study. This includes all types of disease, exploring direct or future effects from animal or human studies. The content may be useful for clinical practitioners and inspire further innovative research.



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# Special Issue



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