



Obesity and Cardiovascular Disease: Mechanistic Insights and Nutritional Management Strategies

Guest Editors:

Prof. Dr. Ehud Grossman

Prof. Dr. Dror Dicker

**Dr. Nagila Raquel Teixeira
Damasceno**

Dr. Anabelle Retondario

Deadline for manuscript
submissions:
closed (20 May 2025)

Message from the Guest Editors

There has been a global increase in obesity over the last few decades. Obesity is a chronic noncommunicable disease that can cause premature disability and death through its association with other metabolic disorders. Thus, these issues are key global health challenges.

It is clear that numerous mechanisms participate in obesity–CVD comorbidity, and their identification is crucial to the creation or improvement of strategies for managing obesity and CVD. Considering the complex and multifaceted nature of obesity–CVD, there is a need for combination treatments.

Lifestyle and nutritional strategies is the most important modifiable factor in preventing and reducing obesity, cardiovascular mortality, and CVD incidence. Many studies showcase the causes of obesity and CVD and their associated factors.

This Special Issue welcomes original research and reviews of the literature on this important topic. Studies that explore nutritional management strategies for overweight/obesity in children and adolescents and biochemical mechanisms involved in obesity-derived CVD in adult subjects and animal models are welcome.





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Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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Journal Rank: JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)

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Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

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