



nutrients



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Vegan Nutrition

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Deadline for manuscript
submissions:

closed (21 December 2018)

Message from the Guest Editor

Dear Colleagues,

This Special Issue of *Nutrients* will highlight the research supporting the health benefits and advantages of a total plant-based diet, including protection against major chronic diseases. In addition, research documenting any nutritional concerns relating to the regular consumption of a vegan diet, and papers dealing with diet sustainability and impact of a vegan diet on the environment, will be considered. We will also highlight any differences, in health and nutritional status, seen in population groups following a vegan diet as compared to a lacto-ovo-vegetarian diet. Research that highlights the health outcomes of different ethnic groups consuming a vegan diet is encouraged.

Prof. Dr. Winston Craig

Guest Editor



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Special Issue



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Message from the Editorial Board

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