



Natural Products and Human Health

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Message from the Guest Editor

Dear Colleagues,

Phytochemicals, extracts purified from natural products, and natural products themselves, whether plant-originated or animal-originated, have been used for the promotion of health for thousands of years. Recent progress has shone lights on the biological properties of natural products. However, the precise biological target(s) and actual mode of action are often unexplored, and the traditionally recognized health effects have also been challenged by population-based studies.

We aim to provide new insights towards the role of natural products in maintaining and promoting human health, especially in the prevention of chronic disease, and focus on the selection of evidence-based reviews and original laboratory research with high-quality advanced knowledge. Additionally, research that explores and derives guidance intake levels of phytochemicals and natural products is also a focus of this Special Issue. Any other suggestions from experts in the field are more than welcome. I encourage authors to submit their original research on this attractive topic.





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