



## Dietary Supplements in Human Health and Disease

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### Message from the Guest Editors

Dear Colleagues,

Dietary supplements represent a broad range of products, including vitamins and minerals, plants and herbal extracts, amino acids, enzymes, essential fatty acids, fiber, or any combination thereof. They may support specific physiological body functions preserving human health. Nevertheless, evidence about specific mechanisms underlying their beneficial effects is lacking.

In addition, poor attention is dedicated to the side effects that they can induce due to the interactions with conventional medications. This is an underestimated point that deserves more attention.

This Special Issue will focus on the latest advances in dietary supplements. Particularly welcome will be high-quality evidence on the following: (i) the potential role of dietary supplements in human health or disease, including conditions affected by unhealthy diets and lifestyles, such as dyslipidemia, diabetes, obesity, and inflammatory conditions, focusing the attention on the properties and mechanisms that could underlie their effects; (ii) the interaction between dietary supplements and conventional drugs.





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