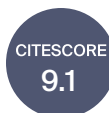




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## Tea in Health and Disease

Guest Editor:

**Prof. Dr. Qingping Dou**

Departments of Oncology,  
Pharmacology, and Pathology,  
Karmanos Cancer Institute,  
Wayne State University School of  
Medicine, Detroit, MI 48201, USA

Deadline for manuscript  
submissions:

**closed (1 November 2018)**

### Message from the Guest Editor

Dear Colleagues,

Tea, made from the leaves of the *Camellia senensis* plant, is the second most consumed beverage worldwide after water. Accumulating evidence from cellular, animal, epidemiological and clinical studies have linked tea consumption to various health benefits, such as chemoprevention of cancers, chronic inflammation, heart and liver diseases, diabetes, neurodegenerative diseases, etc. Although such health benefits have not been consistently observed in some intervention trials, positive results from clinical trials have provided direct evidence supporting the cancer-protective effect of green tea. In addition, numerous mechanisms of action have been suggested to contribute to tea's disease-preventive effects. Furthermore, effects of the processing and storage of tea, as well as additives on tea's properties have been investigated.

Dr. Q. Ping Dou

*Guest Editor*



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# Special Issue



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2. Research Institute of  
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(IUIBS), University of Las Palmas  
de Gran Canaria, 35001 Las  
Palmas, Spain  
3. Preventive Medicine Service,  
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Canarian Health Service, 35016  
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Department of Nutritional  
Sciences, University of  
Connecticut, Storrs, CT 06269,  
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## Contact Us

*Nutrients* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

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