



nutrients



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Nutrition Status and Policies in Low- and Middle-Income Countries

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Message from the Guest Editor

Dear Colleagues,

The primary nutritional status indicators including obesity, overweight, underweight, and short stature are changing in many low- and middle income countries (LMICs). Thus, it is important to examine the determinants of these indicators in these countries using the most recently available data and if possible compare how these have changed over time. Furthermore, understanding the public health implication of fiscal policies is crucial to combat recently increasing overweight and obesity rates in many LMICs, some of which are experiencing an unprecedented rise in these rates. It is important to examine the implication of food policies, mainly tariff rates on “unhealthy” foods, including sugar and confectionery products as well as fats and oils, and governments’ subsidies on individuals’ body weight outcomes. Furthermore, it is important to examine the implications of the increase in subsidy rates, as a share of government expenditure, on higher overweight and obesity rates including identification of population sub-groups where the implications of these food policies are more pronounced.

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Guest Editor



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