



## Dietary Supplements and Nutritional Considerations for Tactical Populations

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Deadline for manuscript  
submissions:

**closed (25 November 2024)**

### Message from the Guest Editor

Dear Colleagues,

Military personnel, along with firefighters and law enforcement, are often referred to as “Tactical Populations” or “Tactical Athletes”. Due to the nature of their work, tactical populations are often put under unique stressors not experienced in other athletic settings. For instance, military personnel often are required to move under, over, and around objects in combat gear, or may be out in the field for multiple days, with few rations available. Failure to perform in these intense situations may result in injury, or even death. Due to the unique mental and physical demands of tactical populations, there is significant interest in how best to utilize novel nutritional strategies and supplements to support or improve situational performance and recovery.

For this Special Issue regarding “Dietary Supplements and Nutritional Considerations For Tactical Populations”, I invite authors to submit their original investigations or review articles. I look forward to receiving your contributions.





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