



Eating and Feeding Disorders with Restrictive Food Intake

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Message from the Guest Editor

Restrictive eating disorders are considered serious mental disorders in childhood and adolescence due to their substantial effects on physical and mental health. While research on anorexia nervosa is increasingly elucidating its etiological factors, there is still a great need to optimize existing prevention approaches and treatments. For avoidant/restrictive food intake disorder (ARFID), research is still in its early stages. Little is known about the precise nature of ARFID, its phenotypes, as well as the mechanisms involved in its development and maintenance. Since ARFID originated from early feeding disorders, it is especially essential to consider both feeding and eating disorder perspectives.

In this Special Issue of *Nutrients*, we aim to present a collection of the latest research on different specified restrictive eating disorders. In addition to systematic reviews, clinical or experimental studies on the assessment, epidemiology, nosology, etiology, and treatment of these disorders are welcome.





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