



Maternal and Paternal Nutrition and Health across the Preconception Stages

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submissions:
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Message from the Guest Editors

Dear Colleagues,

The objective of this Special Issue on “Maternal and paternal nutrition and health across the preconception stages” is to explore the preconception period, as it presents multiple intervention opportunities to infer health benefits for both adults and their future children. We must develop a greater understanding of health behaviours, biological mechanisms, wider determinants of health, and public perceptions and attitudes to health in the preconception stages during these key life-course stages. We welcome all types of research, including qualitative, observational, interventional and basic science, as well as primary research and research reviews (e.g., systematic reviews with meta-analyses, qualitative systematic reviews with meta-synthesis and scoping reviews).





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