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## Updates on Omega-3 Polyunsaturated Fatty Acids and Human Health

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Deadline for manuscript  
submissions:

**closed (15 November 2023)**

### Message from the Guest Editor

Dear Colleagues,

A simple PubMed search for papers on omega-3 fatty acids and future research produces a total of 26,364 items. This is obviously a topic of great significance in the field of nutrients, which is why this Special Issue of *Nutrients* invites updates on omega-3 polyunsaturated fatty acids and human health, focusing on the latest evidence on cardiovascular diseases, diabetes type 1 and type 2, obesity, metabolic diseases, inflammatory bowel diseases, psychiatric and mental diseases, and neoplasms. Much has been said on this topic, but much less has been proven and reached clinical practice. We would therefore like to focus on evidence, with original clinical research being particularly welcome. We also invite studies on pathways which are essential to move from research to practice “from bench to bed”.

Dr. Francesco Cadario

*Guest Editor*



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# Special Issue



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