



*nutrients*



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## Nut, Nut Products and Health

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Deadline for manuscript  
submissions:

**closed (20 June 2022)**

### Message from the Guest Editors

*Nutrients* is planning a Special Issue focusing on the effects of nut intake on the gut microbiome and human health. We welcome submissions on all aspects of the relationship between nut intake, the microbiome and human health, with a special focus on gut health, including prebiotic effects, cancer prevention, and the modulation of the gut microbiome. We invite you to submit your latest research to this Special Issue.

With the increasing popularity of plant-based diets, understanding the health effects of nut consumption has never been so important.

All types of study will be considered where nuts are a key component of the analysis/intervention, including intervention trials, epidemiological studies, in vitro studies and meta-analyses. All nuts (tree and ground nuts) whether individually, in combination or as significant components of a dietary intervention, will be eligible for inclusion. Studies on the digestion and bioavailability of nutrients and phytochemicals, energy metabolism, appetite, satiety and obesity from nuts are also welcome.



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**Special** Issue



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