



## Nutritional and Endoscopy Intervention in the Obesity Treatment

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### Message from the Guest Editor

Endoscopic bariatric therapies (EBTs) are evolving to be an effective minimally invasive treatment option for patients with obesity and associated comorbidities. Among EBTs, intragastric balloons (IGBs) and endoscopic gastroplasty (EG) techniques have gained wide popularity and acceptance in recent decades. In the EBT, nutritional and psychological support are very important, and some studies show that nutritional follow-up is the main predictor of weight lost, regardless of other factors.

Nutritional follow-up in the EBT is different, in that conventional and bariatric surgery nutritional interventions and have different steps in relation with the time post-procedure and the adaptation to the endoscopy procedure. We invite authors to submit review articles and original research describing the main bariatric endoscopy techniques, the potential mechanisms for losing weight, nutritional and psychological intervention, and the importance of adequate adherence to nutritional and psychological follow-up to obtain better results in endoscopic bariatric practice.





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