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Nutritional Approach for Treating Urolithiasis

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Message from the Guest Editor

Urolithiasis (UL) is one of the most common diseases, affecting up to 10 percent of the general population, with its prevalence being expected to further increase in the next decades. UL can be a primary disease or secondary to many other morbid conditions (endocrinopathies. gastrointestinal diseases. genetic diseases. Furthermore, UL, in addition to entailing by itself a huge clinical and economic burden, is also associated with many other clinical conditions (loss of renal function. metabolic and cardiovascular diseases, skeletal fractures). Dietary intervention still represents one of the mainstream treatments for UL, though little strong evidence for it has been produced vet.

The main aim of the present issue is to collect any new contribution, suggestion, or comments to the main fields of dietary interventions in patients with different types of UL.

I am confident that with your support we will be able to offer new insights to the medical community for a more appropriate and effective approach in such a relevant field of medical clinical practice.













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