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Impact of Different Nutrition Strategies on Patients with Inflammatory Bowel Disease (IBD)

Guest Editors:

Dr. Sousana Papadopoulos

Department of Nutritional
Sciences and Dietetics, Faculty of
Health Sciences, International
Hellenic University, 57001
Thessaloniki, Greece

**Dr. Konstantinos
Papadimitriou**

Faculty of Health and
Rehabilitation Sciences,
Metropolitan College of
Thessaloniki, University of East
London, 54624 Thessaloniki,
Greece

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Message from the Guest Editors

Dear Colleagues,

This Special Issue entitled “Impact of Different Nutrition Strategies on Patients with Inflammatory Bowel Disease (IBD)” aims to examine the effects of different nutrition strategies on patients with Crohn’s disease, ulcerative colitis, and irritable bowel syndrome.

Specifically, nutrition strategies are utilized as a way of prevention, remission, and treatment on patients with IBD. However, numerous patients follow different kinds of nutrition plans on a daily basis without knowledge of their possible effects on the disease. As a result, an exacerbation of the disease symptoms is observed, affecting patients’ quality of life.

Thus, we call researchers to contribute to a scientific topic which needs further guidance for patients with IBD.

Dr. Sousana Papadopoulos

Dr. Konstantinos Papadimitriou

Guest Editors



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Special Issue



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Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación
Biomédica en Red Fisiopatología
de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
2. Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas
de Gran Canaria, 35001 Las
Palmas, Spain
3. Preventive Medicine Service,
Centro Hospitalario Universitario
Insular Materno Infantil (CHUIMI),
Canarian Health Service, 35016
Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional
Sciences, University of
Connecticut, Storrs, CT 06269,
USA

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Nutrients Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

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