



nutrients



an Open Access Journal by MDPI

Nutrition, Nutraceuticals and Bioactive Compounds in the Prevention and Fight against Inflammation

Guest Editors:

Prof. Dr. Maciej Banach

Department of Preventive Cardiology and Lipidology, Chair of Nephrology and Hypertension, Medical University of Lodz, 93-338 Lodz, Poland

Prof. Dr. Amirhossein Sahebkar

Applied Biomedical Research Center, Mashhad University of Medical Sciences, Mashhad 9177948564, Iran

Deadline for manuscript submissions:
closed (1 January 2023)

Message from the Guest Editors

Nowadays, the topic of natural products and their different applications is very hot and debatable. We might see numerous papers presenting different properties of nutraceuticals and/or food supplements in different at risk patients. Only well-established and designed prospective studies, randomized controlled trials with relatively high numbers of patients, meta-analyses and post-marketing consumer data, with special emphasis on real-world data, might give us the whole picture of both the effectiveness and safety of nutraceuticals, and might allow to select the group of patients that might really benefit from them. The pandemic has shown that we have hundreds of different data on possible application of nutraceuticals in COVID-19 patients, in the end with most of them without any real clinical benefit. Therefore we need to all apply for better data for nutraceuticals, as it is the only way to finally establish them as a solid part of the recommendations for different chronic diseases, which is especially important now, when we have enormous health debts linked to cardiovascular and oncological diseases especially.



mdpi.com/si/106944

Special *Issue*



an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Food Science)

Contact Us

Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/nutrients
nutrients@mdpi.com
X@Nutrients_MDPI