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## Nutrition and Multiple Sclerosis

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### Message from the Guest Editor

Some works suggest that dietary factors may exacerbate or ameliorate MS (multiple sclerosis) symptoms by modulating the inflammatory status of the disease both in relapsing–remitting MS and in primary–progressive MS. However, the data about a nutritional intervention with anti-inflammatory food and dietary supplements are inconclusive, and there is no specific diet designed for MS patients. Nonetheless, this is the basic question of patients after a diagnosis of MS is made. Patients expect disease-modifying therapy to affect the natural course of the disease and accurate guidance on diet. There is interest in whether dietary interventions, such as specific diets or dietary supplements may influence on MS activity or side effects of immunomodulatory therapy. Therefore, from the point of view of nutrition sciences, it is particularly interesting to learn about the role of dietary programs and other dietary supplements in managing patients with multiple sclerosis.

This Special Issue will welcome works covering various areas of research on the role of diet and dietary supplements in MS patients, with a particular focus on treatment of the disease.



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# Special Issue



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