



nutrients



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Nutrition in Gynecological Disease

Guest Editor:

Dr. Pasquapina Ciarmela

Department of Experimental and
Clinical Medicine, Università
Politecnica delle Marche,
Ancona, Italy

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Message from the Guest Editor

Dear Colleagues,

The pathologies concerning the gynecological organs are very varied and range from tumoral pathologies to hormonal dysfunctions. The benign and malignant disease include ovarian, endometrial, and cervical cancer, as well as gynecological benign diseases such as PCOS, endometriosis, and uterine leiomyoma.

Epidemiological studies show that lifestyle like diet can be an important risk factor for gynecological diseases. The human diet contains a wide variety of plant-based foods that provide essential nutrients for the body. Besides, plant-based foods possess variety of non-nutritive components also benefit for health.

This Special Issue welcomes the latest knowledge regarding the nutrition therapy of gynecological diseases, which will offer valuable insight into how diet as a whole, nutraceuticals, nutrients, dietary patterns, phytochemicals, or other dietary components can serve as preventive and/or therapeutic compounds. Contributions regarding the utility of nutrients in the management of menopause, reproductive dysfunction, and the obstetric outcomes are also welcome.

Prof. Dr. Pasquapina Ciarmela
Guest Editor



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Special *Issue*



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Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
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