



## Nutrition and Central Nervous System

Guest Editor:

**PD Dr. M. Hasan Mohajeri**

University of Zurich, Switzerland

mhasan.mohajeri@uzh.ch

Deadline for manuscript  
submissions:

**31 October 2019**

### Message from the Guest Editor

Dear Colleagues,

The focus of this Special Issue is “Nutrition and the Central Nervous System”. The brain is, as a very specialized and one of the most metabolically active organs of the body, dependent on a steady and sufficient supply of dietary ingredients. The critical role of the diet for brain development as well as for proper CNS functioning and the possible preventative roles against neurodegenerative and neurological conditions is commonly accepted. The overarching aim of this SI is pinpointing the mechanisms of action and publishing state-of-the art contributions discussing the roles that nutritional compounds play in the development, maintenance and aging of the CNS.

The mode of action of a given ingredient, the specific effect of a certain diet on a CNS function or disease, as well as epidemiological evaluations demonstrating the consequences of a change in the microbiome affecting brain function will be considered for publication.

PD Dr. M. Hasan Mohajeri

*Guest Editor*





an Open Access Journal by MDPI

## Editor-in-Chiefs

### **Prof. Dr. Lluís Serra-Majem**

Professor of Preventive Medicine & Public Health, Director of the Research Institute of Biomedical and Health Sciences, University of Las Palmas de Gran Canaria, Spain

### **Prof. Dr. Maria Luz Fernandez**

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

## Message from the Editorial Board

*Nutrients* is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High visibility:** indexed by the Science Citation Index Expanded (Web of Science), MEDLINE (PubMed), Scopus and other databases. Full-text available in PubMed Central.

**Rapid publication:** manuscripts are peer-reviewed and a first decision provided to authors approximately 14.2 days after submission; acceptance to publication is undertaken in 4.4 days (median values for papers published in this journal in the second half of 2018).

## Contact Us

---

*Nutrients*  
MDPI, St. Alban-Anlage 66  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
Fax: +41 61 302 89 18  
www.mdpi.com

mdpi.com/journal/nutrients  
nutrients@mdpi.com  
@Nutrients\_MDPI