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Nutrition, Metabolic Status, and Body Composition

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Message from the Guest Editors

Dear Colleagues,

Obesity and metabolic dysfunction are major causes of severe chronic diseases, such as cardiovascular diseases and certain cancers. However, imaging studies suggest that body composition, i.e., muscle mass in relation to fat mass, visceral obesity, and ectopic fat accumulation (e.g., in the liver, pancreas, or kidney), are much more strongly predictive of metabolic diseases than obesity defined by anthropometric measures like the BMI. Thus, we will focus on new insights into the interplay between nutritional factors, obesity, body composition, and metabolic dysfunction in this Special Issue of *Nutrients*.

Dr. Tilman Kuehn

Dr. Johanna Nattenmüller

Guest Editors



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Special Issue



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