



nutrients



an Open Access Journal by MDPI

The Role of Nutrition in ADHD, Psychiatric, and Mental Disorders Treatment

Guest Editors:

Prof. Dr. Roser Granero

Departament de Psicobiologia i
Metodologia de les Ciències de la
Salut, Universitat Autònoma de
Barcelona, Bellaterra
(Cerdanyola del Valles),
Barcelona, Spain

Dr. Diego Redolar Ripoll

Cognit NeuroLab, UOC
Universitat Oberta de Catalunya,
Barcelona, Spain

Deadline for manuscript
submissions:

closed (10 September 2021)

Message from the Guest Editors

Attention-deficit/hyperactivity disorder (ADHD) is a neurodevelopmental chronic disorder which etiology seems the result of complex interactions multiple factors. In this context, studies addressing the efficacy of nutrition on the developmental course of ADHD observe that deficiencies in certain types of foods can worsen the symptoms of attention deficit, while adequate dietary plans could optimize brain functions. But the specific causal pathways of the dietary styles contributing to prevent/reduce ADHD symptoms are largely unknown, as well as the long-term effects.

This special issue, “The Role of Nutrition in ADHD Treatment”, aims at obtaining evidence of the potential contribution of the nutrition style/s on the treatment of individuals with ADHD across development, and the underlying mechanisms explaining the effects, also contribute to the elaboration of guidelines recommendations for improving caring capacity of healthcare practitioners.



mdpi.com/si/61596

Special Issue



nutrients



an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación
Biomédica en Red Fisiopatología
de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
2. Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas
de Gran Canaria, 35001 Las
Palmas, Spain
3. Preventive Medicine Service,
Centro Hospitalario Universitario
Insular Materno Infantil (CHUIMI),
Canarian Health Service, 35016
Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional
Sciences, University of
Connecticut, Storrs, CT 06269,
USA

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Nutrition and Dietetics)

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Contact Us

Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/nutrients
nutrients@mdpi.com
[X@Nutrients_MDPI](https://twitter.com/Nutrients_MDPI)