



The Role of Nutrition in ADHD, Psychiatric, and Mental Disorders Treatment

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Message from the Guest Editors

Attention-deficit/hyperactivity disorder (ADHD) is a neurodevelopmental chronic disorder which etiology seems the result of complex interactions multiple factors. In this context, studies addressing the efficacy of nutrition on the developmental course of ADHD observe that deficiencies in certain types of foods can worsen the symptoms of attention deficit, while adequate dietary plans could optimize brain functions. But the specific causal pathways of the dietary styles contributing to prevent/reduce ADHD symptoms are largely unknown, as well as the long-term effects.

This special issue, “The Role of Nutrition in ADHD Treatment”, aims at obtaining evidence of the potential contribution of the nutrition style/s on the treatment of individuals with ADHD across development, and the underlying mechanisms explaining the effects, also contribute to the elaboration of guidelines recommendations for improving caring capacity of healthcare practitioners.





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