



Food and Nutrient Intake, Diet Quality, Obesity and Cancer

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Message from the Guest Editors

Dear Colleagues,

Variations in cancer risk and obesity status across populations can be attributed to both heritable factors, as well as modifiable factors, such as diet. Evidence based on observational and experimental studies suggest that diet, whether in food group form, as a single nutrient, or based on diet quality, helps to explain some of the differences observed in patterns of cancer risk and obesity status worldwide. However, if we are to move towards making dietary recommendations that will have a public health impact, we will need to strengthen our evidence base and continue to enhance our understanding on the role of diet (in all forms) on these health outcomes.

In this Special Issue of *Nutrients*, entitled “Food and Nutrient Intake, Diet Quality, Obesity, and Cancer”, we welcome manuscript submissions of original research in humans (epidemiological or experimental) or reviews of the scientific literature on this topic.

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Message from the Editorial Board

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