



*nutrients*



an Open Access Journal by MDPI

## Food and Nutrient Intake, Diet Quality, Obesity and Cancer

Guest Editors:

**Dr. Angela Kong**

Department of Pharmacy  
Systems, Outcomes, and Policy,  
University of Illinois at Chicago,  
Chicago, IL, USA

**Dr. Yumie Takata**

College of Public Health and  
Human Sciences, Oregon State  
University, Corvallis, OR 97331,  
USA

Deadline for manuscript  
submissions:

**closed (31 January 2019)**

### Message from the Guest Editors

Dear Colleagues,

Variations in cancer risk and obesity status across populations can be attributed to both heritable factors, as well as modifiable factors, such as diet. Evidence based on observational and experimental studies suggest that diet, whether in food group form, as a single nutrient, or based on diet quality, helps to explain some of the differences observed in patterns of cancer risk and obesity status worldwide. However, if we are to move towards making dietary recommendations that will have a public health impact, we will need to strengthen our evidence base and continue to enhance our understanding on the role of diet (in all forms) on these health outcomes.

In this Special Issue of *Nutrients*, entitled “Food and Nutrient Intake, Diet Quality, Obesity, and Cancer”, we welcome manuscript submissions of original research in humans (epidemiological or experimental) or reviews of the scientific literature on this topic.

Dr. Angela Kong  
Dr. Yumie Takata  
*Guest Editors*



[mdpi.com/si/15311](https://mdpi.com/si/15311)

# Special Issue



# ***nutrients***



an Open Access Journal by MDPI

## Editors-in-Chief

### **Prof. Dr. Lluís Serra-Majem**

1. Centro de Investigación  
Biomédica en Red Fisiopatología  
de la Obesidad y la Nutrición  
(CIBEROBN), Institute of Health  
Carlos III, 28029 Madrid, Spain  
2. Research Institute of  
Biomedical and Health Sciences  
(IUIBS), University of Las Palmas  
de Gran Canaria, 35001 Las  
Palmas, Spain  
3. Preventive Medicine Service,  
Centro Hospitalario Universitario  
Insular Materno Infantil (CHUIMI),  
Canarian Health Service, 35016  
Las Palmas, Spain

### **Prof. Dr. Maria Luz Fernandez**

Department of Nutritional  
Sciences, University of  
Connecticut, Storrs, CT 06269,  
USA

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

**Journal Rank:** JCR - Q1 (*Nutrition & Dietetics*) / CiteScore - Q1 (*Nutrition and Dietetics*)

## Contact Us

*Nutrients* Editorial Office  
MDPI, St. Alban-Anlage 66  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/nutrients](http://mdpi.com/journal/nutrients)  
[nutrients@mdpi.com](mailto:nutrients@mdpi.com)  
[X@Nutrients\\_MDPI](https://twitter.com/Nutrients_MDPI)