



Gut Microbiota and Obesity

Guest Editor:

Dr. Lara R. Dugas

Public Health Sciences,
Parkinson School of Health
Sciences and Public Health,
Loyola University Chicago, 2160
South First Avenue, Maywood, IL
60153, USA

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Message from the Guest Editor

Dear Colleagues,

Obesity is a complex, multifactorial condition where traditional factors such as diet, physical activity and genetic factors are thought to play a role. A new risk factor, the gut microbiota, has received increased attention given its associations, and in some cases, causal relationship with obesity in both animal and human models. The gut microbiota are responsible for the fermentation of non-digestible fibers, resulting in the production of short chain fatty acids, nutrients which contribute to total energy acquisition, host immunity, and energy metabolism. The gut microbiota are influenced by many external factors including diet, physical activity, stress, and geographic environment. This special issue will highlight recent research on the role of diet, gut microbiota and obesity risk.

Assoc. Prof. Dr. Lara R. Dugas
Guest Editor





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Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

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