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The Many Roles of Vitamin D in Bones, Muscle, Adipose Tissue and Metabolism

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Message from the Guest Editor

Dear Colleagues,

The important role of vitamin D in bones, muscle, adipose tissue, and metabolism is increasingly well recognised.

Vitamin D is crucial for the regulation of whole-body calcium handling, bone health, and normal muscle size and function. Vitamin D deficiency is associated with common chronic diseases such as osteoporosis, sarcopenia, cardiovascular disease, etc. A recent large study shows that decreased vitamin D is associated with increased risk of all-cause mortality. Thus, studying the relationship between vitamin D and metabolism is important.

This Special Issue will collect both original research and reviews on vitamin D and human health, such as bone health, muscle health, adipose tissue, metabolism, exercise, etc.



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Special Issue



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Message from the Editorial Board

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