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Olive Oil and Brain Health: Neuroprotection and Cognitive Function

Guest Editors:

Dr. Paula Silva

School of Medicine and
Biomedical Sciences, University
of Porto, 4050-313 Porto,
Portugal

Dr. Giulia Accardi

Laboratory of Immunopathology
and Immunosenescence,
Department of Biomedicine,
Neuroscience and Advanced
Diagnostics, University of
Palermo, Corso Tuköry, 211,
90134 Palermo, Italy

Message from the Guest Editors

Dear Colleagues,

Olive oil, a vital component of the Mediterranean diet, is well known for its numerous health benefits, many of which are attributed to its high concentration of monounsaturated fats and bioactive compounds. Recent research has suggested that olive oil may play a role in preventing neurodegenerative diseases, such as Alzheimer's disease, and enhancing cognitive function. We seek original research, comprehensive reviews, and short communications that shed light on how olive oil consumption affects brain health. The key topics include, but are not limited to,

Deadline for manuscript
submissions:

5 October 2024

- The impact of bioactive components of olive oil on neuroinflammatory pathways.
- Olive oil and its role in preventing or slowing the progression of neurodegenerative diseases.
- Effects of olive oil consumption on cognitive function, memory, and learning in various populations.
- Mechanistic insights into the interaction of olive oil components with brain cells and structures.
- Olive oil in diets: correlations with cognitive decline prevention and brain health maintenance in aging populations.
- Comparative studies on different types of olive oil and their specific effects on brain health.



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Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

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Contact Us

Nutrients Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
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