



nutrients



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High Carbohydrate Diet and Diabetes in Human Health

Guest Editor:

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Message from the Guest Editor

Dear Colleagues,

This Special Issue of *Nutrients* is devoted to the way in which patterns (quantities, types, and their distribution) of carbohydrate intake affect the development and management of diabetes and/or glycemia. Determining how the daily or within-meal distribution of carbohydrates and the type of carbohydrates involved have an impact on glycemia and insulin demand and/or their metabolic/health consequences are relevant topics. The metabolic regulatory factors that mediate responses to various patterns of carbohydrate loading would be appropriate, as would the effect of timing and placement of nutrients or foods within a meal or post-prandial glycemic response.

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Guest Editor



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Special *Issue*



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