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How Can Health and Wellness Promotion Strategies Which Include Nutrition Education alongside Hands-On Cooking Be Organized, Evaluated, and Optimized for Maximal Impact

Guest Editor:

Dr. David Miles Eisenberg

Department of Nutrition, Harvard
T.H. Chan School of Public
Health, Bldg 2655 Huntington
Ave, Boston, MA 02115, USA

Deadline for manuscript
submissions:

closed (31 December 2023)

Message from the Guest Editor

Dear Colleagues,

With diet-related diseases accounting for the majority of deaths in the US and increasing numbers worldwide, existing strategies focusing primarily on disease diagnosis and treatment are insufficient.

Proponents of Teaching Kitchens, Culinary Medicine, and Whole Person Health Programs have developed novel strategies which include nutrition education alongside hands-on cooking instruction, often in association with evidence-based instruction in lifestyle; mindfulness training; motivational interviewing, health coaching, and behaviour change strategies.

We invite manuscripts that formally describe, contrast, and evaluate the impact of the above mentioned novel strategies on health risk behaviours, clinical outcomes, biomarkers, costs, access to nutritious foods, and the training of future health professionals.

For a detailed list of additional manuscript topics relevant to this Special Series, see LINK BELOW.

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Special Issue



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(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
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de Gran Canaria, 35001 Las
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3. Preventive Medicine Service,
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Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional
Sciences, University of
Connecticut, Storrs, CT 06269,
USA

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Nutrients Editorial Office
MDPI, St. Alban-Anlage 66
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