Eating Disorders and Obesity: The Challenge for Our Times

Message from the Guest Editors

Dear Colleagues,

Eating Disorders have traditionally been considered apart from the public health concerns about increasing obesity. It is evident that these problems are however related in important ways. Comorbid obesity and eating disorder is increasing at a faster rate than either obesity or eating disorders alone and one in five people with obesity also presents with an Eating Disorder, commonly but not limited to Binge Eating Disorder. New disorders have emerged such as normal weight or Atypical Anorexia Nervosa. However research and practice too often occurs in parallel with a failure to understand the weight disorder spectrum and consequences of co-morbidity that then contributes to poorer outcomes for people living with a larger size and an Eating Disorder. Urgently needed are trials that will inform more effective assessment, treatment and care where body size and eating disorder symptoms are both key to the research question.

Thus we encourage papers on the risk factors for and aetiology of comorbid disorder as well as research on their distribution, prevention and management.

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Message from the Editorial Board

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