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Dietary Habits, Vitamin and Mineral Supplementations in Patients with Chronic Kidney Disease (CKD)

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Message from the Guest Editor

Dear Colleagues,

Patients with chronic kidney diseases (CKD) are particularly exposed to malnutrition not only due to the frequent involvement of the gastrointestinal tract in the course of CKD, but also to the spontaneous or doctor-recommended modifications of their dietary habits and to the adverse effects of the large series of drugs usually prescribed.

This nutritional derangement can involve particularly vitamins and other micronutrients, whose altered availability has been put in relationship not only with the consequences strictly related to the well known classical effects of these compounds, but also with some relevant clinical complications commonly observed in CKD patients. Furthermore, such nutritional modifications might be directly or indirectly related with some change in the quantitative and/or qualitative composition of the intestinal microbiota.

In this special issue of Nutrients, some experts in these fields will deal with some of the most critical conditions related to the altered dietary habits and availability of some of the most relevant vitamins and micronutrients in CKD patients.







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