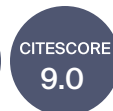




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Dietary Supplementation with Omega-3 Fatty Acids in Health and Disease

Guest Editor:

Dr. Stephen Cornish

Faculty of Kinesiology and
Recreation Management,
University of Manitoba, Winnipeg,
MB R3T 2N2, Canada

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Message from the Guest Editor

Dear Colleagues,

Dietary supplementation with omega-3 fatty acids has long been known to modify inflammatory processes and may be used to maintain health or improve the prognosis in a variety of pathologies, the eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) found in it competing with the same enzymatic pathway as arachidonic acid (a main omega-6 fatty acid) to aid in the modification of the prostaglandins and leukotrienes produced through this pathway, this modification resulting in a less inflammatory environment if omega-3 fatty acids are metabolized. Recent work from the scientific community has identified a role for omega-3 fatty acid supplementation in ameliorating or treating a variety of health conditions/diseases, acting as a preventative agent, the goal of this Special Issue being to provide the most up-to-date scientific evidence on the potential therapeutic and preventative nature of omega-3 supplementation.

Dr. Stephen Cornish
Guest Editor



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Special Issue



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1. Centro de Investigación
Biomédica en Red Fisiopatología
de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
2. Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas
de Gran Canaria, 35001 Las
Palmas, Spain
3. Preventive Medicine Service,
Centro Hospitalario Universitario
Insular Materno Infantil (CHUIMI),
Canarian Health Service, 35016
Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional
Sciences, University of
Connecticut, Storrs, CT 06269,
USA

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Nutrients Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

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