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## Dietary Management of Gastrointestinal Diseases and Disorders

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submissions:

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### Message from the Guest Editors

Emerging evidence suggests gastrointestinal diseases such as coeliac disease, inflammatory bowel diseases, and gastroesophageal reflux overlap with and may be a part of the spectrum of functional disorders such as dyspepsia and irritable bowel syndrome. While the evidence for a gluten-free diet in the dietary management of coeliac disease is well established, many people who do not have coeliac disease are on a gluten-free diet for health reasons, but the risks versus benefits are poorly defined. The exponential increase in the availability of gluten-free foods, and advances in technology for identification and treatment of coeliac disease have implications for dietary management. The influence of diet-microbiome interactions is another fascinating area of discovery, which promises to revolutionize the application of dietary approaches in gut conditions.

In this Special Issue, we will highlight and consolidate emerging evidence in this fascinating and rapidly evolving field by sharing papers that focus on dietary assessment, oral or gut microbiome, novel foods, and new dietary management approaches in common gastrointestinal diseases and disorders.



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# Special Issue



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