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Dietary Intake and Health throughout the Life Cycle

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Message from the Guest Editors

Dear Colleagues,

An individual's needs in terms of food, energy and nutrients change over the course of their lifespan, from infancy, early childhood, and the teenage years, to adulthood and older adulthood. Eating a balanced variety of nutritious foods can help an individual to stay healthy. The association between dietary intake, dietary pattern and health need to be further elucidated. This Special Issue will present a series of articles on topics relevant to dietary intake/pattern, infant feeding and their relationship with undernutrition, overweight and obesity, hypertension, metabolic syndrome, diabetes, hyperuricemia, etc. The main findings from these papers will provide solid evidence to policy makers on nutrition improvement and nutrition intervention among all age groups.

Dr. Dongmei Yu
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Guest Editors



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Special Issue



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