



Dietary Bioactives and Human Health

Guest Editors:

Prof. Patrizia Riso

Università degli Studi di Milano,
Department of Food
Environmental and Nutritional
Sciences (DeFENS) – Division of
Human Nutrition, Italy, 20133
Milan, Italy

Dr. Cristian Del Bo'

Department of Food
Environmental and Nutritional
Sciences (DeFENS), Division of
Human Nutrition, Università degli
Studi di Milano, 20133 Milan, Italy

Deadline for manuscript
submissions:

closed (30 April 2019)

Message from the Guest Editors

Bioactive compounds in foods have been gaining interest for their potential role in the protection and promotion of human health, reducing numerous risk factors for chronic degenerative diseases. Compounds, such as polyphenols, carotenoids, and glucosinolates, can be involved in protection against oxidative stress, inflammation, vascular dysfunction, dysbiosis and metabolic dysregulation. The demonstration of such effects can be challenging since numerous factors (linked to food/diet characteristics, host and environment) may play a significant role. For this reason, reliable, science-based information is difficult to assemble, and often there is not a single compound–single effect relation.

Based on these premises, increasing knowledge on dietary bioactive efficacy in the protection and promotion there is a need of studies focused to demonstrate causality for bioactive compounds and/or their metabolites and human health.





an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Food Science)

Contact Us

Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/nutrients
nutrients@mdpi.com
X@Nutrients_MDPI