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Dietary Bioactive Compounds and Human Health and Disease

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Message from the Guest Editor

Dear Colleagues,

Bioactive compounds are non-nutritional components derived from vegetable foods and beverages. In the last decades, their consumption has been related to the prevention of multiple pathologies through several mechanisms that include the reduction of oxidative stress and the inhibition or enzymatic activation or the modulation in the expression of certain genes. The improvement of analytical techniques has allowed the scientific community to identify these compounds in foods to deepen the mechanisms that relate them to health. This Special Issue welcomes original studies as well as review articles examining the impact of bioactive compounds on health and disease. Epidemiological, interventional studies, systematic reviews and meta-analyses are welcome in this effort.

Dr. Sonia González
Guest Editor



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Special Issue



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Message from the Editorial Board

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