



## Diet to Treat Fatty Liver Disease

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submissions:

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### Message from the Guest Editor

Non-alcoholic fatty liver disease (NAFLD) represents a spectrum of hepatic pathology ranging from steatosis to cirrhosis, and it is the most common cause of chronic liver disease in children and adolescents worldwide. NAFLD is becoming a global health burden due to rising rates of obesity and metabolic disease. Lifestyle and diet are key factors in the pathogenesis of fatty liver disease. In addition, genetics and gut microbiota also greatly impact disease development and progression. Therapeutic options for the treatment of NAFLD are sparse, therefore dietary and lifestyle modifications remain the primary and most effective mode of treatment. For this Special Issue we welcome papers that focus on the beneficial effects of macro- and micronutrients on the liver, modulation of gut microbiota and associated metabolites as potential NAFLD treatment as well as genome-nutrient interactions that can impact fatty liver disease.





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