Message from the Guest Editor

Dear Colleagues,

Consumption of dairy foods has changed dramatically over the past sixty years in the United States, with much less fluid milk consumed, and increased consumption of cheeses and yogurts. Coffee, sugar-containing beverages, and plant-based milks have replaced much of the fluid milk consumption in the diet of Americans. At the same time, growth in both the international dairy industry, and global consumption of dairy foods has been substantial. Dairy foods are under considerable scrutiny, with concerns for the environment, and the biological effects of dairy components, including protein fractions, lipids, lactose, and other nutrients. At the same time, the high nutrient content in dairy foods, including protein, calcium, potassium, and riboflavin, make them a significant contributor to diet quality. Dairy product consumption can influence gut health, weight, cardiometabolic health, diabetes, bone mineral density, and many types of cancers, etc.

Dr. Dennis Savaiano
Guest Editor
Editors-in-Chief

Prof. Dr. Lluis Serra-Majem
Professor of Preventive Medicine & Public Health, Director of the Research Institute of Biomedical and Health Sciences, University of Las Palmas de Gran Canaria, Spain

Prof. Dr. Maria Luz Fernandez
Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. Nutrients adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of Nutrients has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High visibility: indexed by the Science Citation Index Expanded (Web of Science), MEDLINE (PubMed), Scopus and other databases. Full-text available in PubMed Central.

Rapid publication: manuscripts are peer-reviewed and a first decision provided to authors approximately 16.7 days after submission; acceptance to publication is undertaken in 3.8 days (median values for papers published in this journal in the second half of 2019).

Contact Us

Nutrients
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland
Tel: +41 61 683 77 34
Fax: +41 61 302 89 18
www.mdpi.com

mdpi.com/journal/nutrients
nutrients@mdpi.com
@Nutrients_MDPI