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## Nutrition and Autoimmune Diseases

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Deadline for manuscript  
submissions:

**25 July 2024**

### Message from the Guest Editors

Dear Colleagues,

Autoimmune diseases result from a failure of immunological tolerance to self-antigens and the consequent activation of immune responses against self-tissues, with consequent tissue damage and loss of function. The pathogenesis is largely due to the interaction between genetic and environmental factors. Among these, nutritional factors appear to be of increasing importance. Nutritional status is closely associated with immunity and host resistance to infection, and the interconnection between nutrition and the immune system has been an area of growing interest in recent years. The complexity of the interaction between nutrition and immunology is vast.

This Special Issue welcomes manuscripts involving preclinical and clinical research, observational and meta-analysis studies, analytical reviews focused on the role of nutrition in the immune response, autoimmunity, and potential nutritional strategies to manage autoimmune diseases.



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# Special Issue



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**Journal Rank:** JCR - Q1 (*Nutrition & Dietetics*) / CiteScore - Q1 (*Nutrition and Dietetics*)

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