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The Role of Breastfeeding: From Nutrition to Immunological Action

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Message from the Guest Editor

Dear Colleagues,

The role of breastfeeding is extremely important for the newborn; the unique composition of human milk contributes to infant development, and alterations in human milk composition are responsible for future disorders in adulthood. Breast milk is perfect for the baby, from its nutritional components to its immunological activities. Macronutrients, micronutrients, and even microbiota are some of its specific features. Breastmilk composition changes from colostrum to mature milk, with some variations depending on the mother's diet. Continuous efforts are focused on the search for the perfect infant formula, but at the same time, donor milk banking also needs to be improved.

Dr. Maria Cavaletto

Guest Editor



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