



## Food Parenting Practices and Children’s Dietary Behaviors and Health Outcomes

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### Message from the Guest Editor

Dear Colleagues,

The diet of most children and adolescents does not fully align with current dietary guidance. Parents are highly influential on their children’s dietary intake and behaviors, not only because they are key decision-makers about food availability within their household, but also due to their role as models for dietary behaviors and due to their influence through food-related parenting practices. Although it is known that food parenting practices are associated with children’s dietary intake and behaviors, less is known about how individual, family, or environmental factors influence those associations, particularly among children and adolescents from diverse ages and backgrounds. Further, the role of food parenting practices on disease risk factors and health outcomes, beyond obesity, is less studied. The purpose of this Special Issue is to highlight the current evidence regarding the role of food parenting practices on children’s and adolescents’ dietary behaviors and their downstream diet-related health outcomes through the use of qualitative, observational, and intervention research methodologies.





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