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# Anthropometry, Body Composition and Resting Energy Expenditure in Healthy Populations

Guest Editor:

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## **Message from the Guest Editor**

Dear Colleagues,

While the tools for measuring anthropometry, body composition, and energy expenditure have become more accessible to researchers and clinicians alike, there is a lack of basic data on these parameters in healthy populations, and their relationships with health outcomes. This Special Issue will publish papers detailing anthropometric and energy expenditure data for free-living populations and their role in health outcomes, as well as nutritional studies and trials that examine any measured differences or changes in these parameters.

Dr. Amanda Patterson Guest Editor













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