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## Amino Acids and Health Effects

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Deadline for manuscript submissions:

**closed (31 May 2020)**

### Message from the Guest Editor

Dear Colleagues,

In human beings, the majority of amino acids exist as the building blocks of proteins, and a small amount of amino acids are present as a free form. These free amino acids play important roles as not only ingredients in protein synthesis but also as regulators of cell functions. Recent studies have discovered some aspects of the basic and clinical roles of free amino acids, including nutrasignals, in human beings. However, these findings are limited, and we need more studies to understand the physiological functions of free amino acids. Accordingly, you are invited to submit manuscripts of your studies or review papers on these topics to this Special Issue. The objective of this proposed Special Issue on “Amino Acids and Health Effects” is to publish selected papers dealing with the functions of amino acids that have significant effects on the human health.

Prof. Dr. Yoshiharu Shimomura  
*Guest Editor*



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