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## Diet, Lifestyle and Weight Regulation in Familial Hypercholesterolemia

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Deadline for manuscript  
submissions:

**closed (25 March 2024)**

### **Message from the Guest Editors**

Dear Colleagues,

Familial hypercholesterolemia (FH) is an inherited autosomal dominant metabolic disorder characterized by lifelong exposure to high cholesterol levels. Most people with familial hypercholesterolemia take statins (cholesterol-lowering) drugs and should follow a low-fat diet to lower their cholesterol. From the overview of the diet and lifestyle habits in the prevention and treatment of familial hypercholesterolemia from a nutritional perspective. We hope that through the dietary and nutritional management of patients with familial hypercholesterolemia, the incidence of related diseases can be reduced.

This Special Issue on *Nutrients*, “Diet, Lifestyle and Weight Regulation in Familial Hypercholesterolemia”, aims to collect articles related to nutrition, dietary treatment, and daily lifestyle management of familial hypercholesterolemia. We look forward to your contribution.



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# Special Issue



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