



nutrients



an Open Access Journal by MDPI

Effects of Plant Extracts on Human Health

Guest Editors:

Prof. Dr. Fátima Regina Mena Barreto Silva

Institute of Cellular Bioelectricity (IBIOCEL): Science & Health, Department of Biochemistry, Center of Biological Sciences, Campus Trindade, Federal University of Santa Catarina, Florianópolis 88040-900, SC, Brazil

Prof. Dr. Diana Marcela Aragon Novoa

Departamento de Farmácia, Facultad de Ciencias, Universidad Nacional de Colombia, Cra. 30 45-03, Bogotá 111321, DC, Colombia

Deadline for manuscript submissions:

25 October 2024

Message from the Guest Editors

Dear Colleagues,

We are pleased to announce a Special Issue titled "Effects of Plant Extracts on Human Health" in *Nutrients*. This issue aims to explore the diverse impacts of plant extracts on human health, spanning from their nutritional value to their potential therapeutic effects/nutraceuticals.

We invite researchers, scientists, and experts to contribute their original research and reviews to this Special Issue. Submissions may include, but are not limited to, studies investigating:

The bioactive compounds present in plant extracts;

The mechanisms underlying the health effects of plant extracts;

The role of plant extracts in preventing or treating various health conditions;

The potential synergistic effects of combining different plant extracts;

The impact of processing and preparation methods on the bioavailability of plant extract compounds;

The utilization of plant extracts in functional foods and nutraceuticals.



mdpi.com/si/201600

Special Issue



nutrients



an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación
Biomédica en Red Fisiopatología
de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
2. Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas
de Gran Canaria, 35001 Las
Palmas, Spain
3. Preventive Medicine Service,
Centro Hospitalario Universitario
Insular Materno Infantil (CHUIMI),
Canarian Health Service, 35016
Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional
Sciences, University of
Connecticut, Storrs, CT 06269,
USA

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (*Nutrition & Dietetics*) / CiteScore - Q1 (*Nutrition and Dietetics*)

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Contact Us

Nutrients Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/nutrients
nutrients@mdpi.com
[X@Nutrients_MDPI](https://twitter.com/Nutrients_MDPI)