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## Dietary Lipids in Health and Disease Prevention

Guest Editors:

**Dr. Małgorzata Białek**

**Dr. Agnieszka Białek**

**Dr. Małgorzata Czerwonka**

Deadline for manuscript  
submissions:

**closed (25 December 2024)**

### Message from the Guest Editors

Lipids are one of the main group of nutrients, essential for physiological homeostasis and proper body composition. Despite the fact that in well-balanced diet lipids should consist of a maximum of 35% of total energy intake, lipid compounds present in food are of utmost importance in ensuring optimal health status. According to the ‘Morbum evitare quam curare facilius est’ principle of Hippocrates, disease is easier to avoid than to cure. That is why we aim to place particular emphasis on the prevention of diseases most commonly occurring in the global population. Cancer, cardiovascular diseases, and a plethora of other maladies are linked via common risk factors, among which the most important are those connected with lipids. Bioactive lipids are also important preventive factors, potentially diminishing the risk of many diseases.

This Special Issue welcomes the submission of original research, systematic reviews, as well as mini-reviews and short communications concerning the most prominent issues in the field of the lipid compounds of diet, their importance in health and wellbeing maintenance, and potential to counteract the development of various diseases.



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# Special Issue



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2. Research Institute of  
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(IUIBS), University of Las Palmas  
de Gran Canaria, 35001 Las  
Palmas, Spain  
3. Preventive Medicine Service,  
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Insular Materno Infantil (CHUIMI),  
Canarian Health Service, 35016  
Las Palmas, Spain

### **Prof. Dr. Maria Luz Fernandez**

Department of Nutritional  
Sciences, University of  
Connecticut, Storrs, CT 06269,  
USA

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## Contact Us

*Nutrients* Editorial Office  
MDPI, Grosspeteranlage 5  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

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