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Fruits, Seeds, Vegetables and Their Constituents Functions by Regulating Gene Expressions in Human Health

Guest Editor:

Prof. Dr. Tong Ho Kang

Graduate School of
Biotechnology and Department
of Oriental Medicinal
Biotechnology, Kyung Hee
University, Yongin 17104, Korea

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Message from the Guest Editor

Various factors that pose risks to human health, such as UV irradiation, pollutants, excessive noise, and mental hazards, are constantly increasing. These issues induce various diseases in the human body.

The complex action of health risk with aging causes many difficulties when it comes to maintaining health. However, consumption of seeds, fruits, and vegetables in everyday life is a good way to prevent various diseases, and many studies are emerging that explore how to maintain human health by regulating gene expression for diseases.

The aim of this Special Issue is to gather high-quality evidence on the potential impact of seeds, fruits, vegetables, and their constituents on human health.

Original research, literature reviews, and meta-analyses are welcome. The main objective of the work should be to investigate the impact of seeds, fruits, vegetables, and their constituents on animal model and or human for health or diseases, including skin, metabolism, sensory organs, central nervous system disease, etc.

Studies exploring how to maintain health by controlling biomarkers of diseases through regulation of gene expressions are particularly welcome.



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1. Centro de Investigación
Biomédica en Red Fisiopatología
de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
2. Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas
de Gran Canaria, 35001 Las
Palmas, Spain
3. Preventive Medicine Service,
Centro Hospitalario Universitario
Insular Materno Infantil (CHUIMI),
Canarian Health Service, 35016
Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional
Sciences, University of
Connecticut, Storrs, CT 06269,
USA

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Nutrients Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

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