



nutrients



an Open Access Journal by MDPI

Diet Functional Components for Disease Prevention and Management

Guest Editor:

Dr. Francesca Bonomini

Department of Clinical and Experimental Sciences, University of Brescia, 25123 Brescia, Italy

Deadline for manuscript submissions:

closed (5 June 2024)

Message from the Guest Editor

These bioactive compounds naturally present in foods that exhibit additional benefits beyond their basic nutritional value, have proved beneficial in many diseases' treatment and prevention.

Certain foods that are rich in functional components can reduce the risk of certain non-communicable diseases. Thus, recommending a diet characterized by a wide variety of foods rich in functional components is a cost-effective, adjustable, and viable strategy in the management of diseases.

The present Special Issue aims to summarize recent evidence on "Diet Functional Components for Disease Prevention and Management". Furthermore, the impact of functional nutrients on the prevention and treatment of different diseases as well as on their underlying mechanisms will also be addressed in this Special Issue.

This Special Issue welcomes submissions of original research and reviews of the scientific literature, including systematic reviews and meta-analyses.



mdpi.com/si/178512

Special *Issue*



an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación Biomédica en Red Fisiopatología de la Obesidad y la Nutrición (CIBEROBN), Institute of Health Carlos III, 28029 Madrid, Spain
2. Research Institute of Biomedical and Health Sciences (IUIBS), University of Las Palmas de Gran Canaria, 35001 Las Palmas, Spain
3. Preventive Medicine Service, Centro Hospitalario Universitario Insular Materno Infantil (CHUIMI), Canarian Health Service, 35016 Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional Sciences, University of Connecticut, Storrs, CT 06269, USA

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (Nutrition and Dietetics) / CiteScore - Q1 (Food Science)

Contact Us

Nutrients Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/nutrients
nutrients@mdpi.com
X@Nutrients_MDPI