



Diet Functional Components for Disease Prevention and Management

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Message from the Guest Editor

These bioactive compounds naturally present in foods that exhibit additional benefits beyond their basic nutritional value, have proved beneficial in many diseases' treatment and prevention.

Certain foods that are rich in functional components can reduce the risk of certain non-communicable diseases. Thus, recommending a diet characterized by a wide variety of foods rich in functional components is a cost-effective, adjustable, and viable strategy in the management of diseases.

The present Special Issue aims to summarize recent evidence on "Diet Functional Components for Disease Prevention and Management". Furthermore, the impact of functional nutrients on the prevention and treatment of different diseases as well as on their underlying mechanisms will also be addressed in this Special Issue.

This Special Issue welcomes submissions of original research and reviews of the scientific literature, including systematic reviews and meta-analyses.





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