



nutrients



an Open Access Journal by MDPI

Dietary Management and Nutritional Health for Age-Related Diseases

Guest Editors:

Dr. Yoo Kim

Nutritional Sciences, Oklahoma
State University, Stillwater, OK
74078, USA

Dr. Byungyong Ahn

Department of Food Science and
Nutrition, University of Ulsan,
Ulsan 44610, Republic of Korea

Dr. Xian Wu

Department of Kinesiology,
Nutrition, and Health, Miami
University, Oxford, OH 45056, USA

Deadline for manuscript
submissions:

15 June 2024

Message from the Guest Editors

Aging is a condition that loses the ability to maintain homeostasis due to dysfunction. Various factors influence the aging process, but so far, dietary management, lifestyle change and physical exercise are the only known mediators, except for genetic factors that lead to a delay or prevent age-related diseases. The purpose of this Special Issue, “Dietary Management and Nutritional Health for Age-related Diseases,” is to provide cutting-edge original research and review articles regarding the diverse properties of various vitamins in disease and healthy living conditions. This Special Issue will discuss the potential role of functional foods, dietary interventions including calorie control restriction, intermittent fasting, time-restricted eating and fasting-mimicking diets, and patterns such as ketogenic, Mediterranean, DASH and MIND diets on age-associated diseases. Articles addressing metabolic syndrome, inflammation (inflammaging) and neurodegenerative diseases are encouraged. Submissions as original research articles and reviews including system reviews are welcome.



mdpi.com/si/168179

Special Issue



nutrients



an Open Access Journal by MDPI

Editors-in-Chief

Prof. Dr. Lluís Serra-Majem

1. Centro de Investigación
Biomédica en Red Fisiopatología
de la Obesidad y la Nutrición
(CIBEROBN), Institute of Health
Carlos III, 28029 Madrid, Spain
2. Research Institute of
Biomedical and Health Sciences
(IUIBS), University of Las Palmas
de Gran Canaria, 35001 Las
Palmas, Spain
3. Preventive Medicine Service,
Centro Hospitalario Universitario
Insular Materno Infantil (CHUIMI),
Canarian Health Service, 35016
Las Palmas, Spain

Prof. Dr. Maria Luz Fernandez

Department of Nutritional
Sciences, University of
Connecticut, Storrs, CT 06269,
USA

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, SCIE (Web of Science), PubMed, MEDLINE, PMC, Embase, PubAg, AGRIS, and other databases.

Journal Rank: JCR - Q1 (*Nutrition & Dietetics*) / CiteScore - Q1 (*Nutrition and Dietetics*)

Message from the Editorial Board

Nutrients is an on-line open access journal that was first published in 2009. *Nutrients* adheres to rigorous peer-review and editorial processes and publishes only high quality manuscripts that address important issues related to the impacts of nutrients on human health. The Impact Factor of *Nutrients* has risen rapidly since its establishment and it is now ranked in the first quartile of journals publishing in the field of nutrition and dietetics research.

Contact Us

Nutrients Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/nutrients
nutrients@mdpi.com
[X@Nutrients_MDPI](https://twitter.com/Nutrients_MDPI)