

Special Issue

Functional Foods as a New Therapeutic Strategy

Message from the Guest Editor

Functional foods are a very interesting field that has recently increased its scientific production. Every day, researchers spend their time discovering the new healthy properties of foods. Thus, antioxidant, antihypertensive, anti-inflammatory, and antidiabetic effects, among others, had been demonstrated for these functional foods. These investigations were conducted in both in vitro and/or in vivo systems. The final goal of all these studies is to generate great and solid knowledge to prepare new functional foods that can be used by the human population to improve its lifestyle, without using synthesis-chemical compounds. Thus, functional foods are the present and the future in the prevention of several diseases. However, there is too much to study yet and to discover. Therefore, this Special Issue of *Nutraceuticals*, entitled “Functional Foods as a New Therapeutic Strategy”, welcomes the submission of original articles or reviews that can improve the knowledge about the beneficial effects of functional foods.

Guest Editor

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Deadline for manuscript submissions

closed (31 December 2022)



Nutraceuticals

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About the Journal

Message from the Editor-in-Chief

The contemporary world is struggling with an aging population, which necessitates the design of diets that promote “healthy aging”. In this context, nutraceuticals, health-supportive substances, are significant, remaining in the focus of scientific interests and being continuously developed worldwide. The *Nutraceuticals* journal focuses on the research and development of all fields related to these substances. All types of articles are welcome, including reviews, original papers, and short communications.

Editor-in-Chief

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