

Special Issue

Functional Foods as a New Therapeutic Strategy 2.0

Message from the Guest Editors

Functional foods have gained popularity in the scientific population due to their therapeutic and preventive use against certain pathological conditions. Nowadays, numerous lines of research are dedicated to identifying bioactive compounds, as well as assessing their health properties. Thus, antioxidant, antihypertensive, anti-inflammatory, and antidiabetic effects, among others, have been demonstrated for a large number of bioactive ingredients. The final aim of all these studies is to generate sufficient knowledge to prepare new functional foods that improve the human lifestyle, without using synthesized chemical compounds. This new Special Issue is a continuation of the previous Special Issue, "*Functional Foods as a New Therapeutic Strategy*", including more than 10 valuable peer-reviewed papers. It welcomes the submission of original articles or reviews that can improve knowledge about the beneficial effects of functional foods.

Guest Editors

Prof. Dr. Ivan Cruz-Chamorro

Facultad de Enfermería, Universidad de Castilla-La Mancha, 02071 Albacete, Spain

Dr. Guillermo Santos Sánchez

Instituto de Investigación en Ciencias de la Alimentación, CIAL (CSIC-UAM), 28049 Madrid, Spain

Deadline for manuscript submissions

closed (31 December 2024)



Nutraceuticals

an Open Access Journal
by MDPI

Indexed in Scopus



mdpi.com/si/159816

Nutraceuticals
Editorial Office
MDPI, Grosspeteranlage 5
4052 Basel, Switzerland
Tel: +41 61 683 77 34
nutraceuticals@mdpi.com

[mdpi.com/journal/
nutraceuticals](https://mdpi.com/journal/nutraceuticals)





Nutraceuticals

an Open Access Journal
by MDPI

Indexed in Scopus



[mdpi.com/journal/
nutraceuticals](https://mdpi.com/journal/nutraceuticals)



About the Journal

Message from the Editor-in-Chief

The contemporary world is struggling with an aging population, which necessitates the design of diets that promote “healthy aging”. In this context, nutraceuticals, health-supportive substances, are significant, remaining in the focus of scientific interests and being continuously developed worldwide. The *Nutraceuticals* journal focuses on the research and development of all fields related to these substances. All types of articles are welcome, including reviews, original papers, and short communications.

Editor-in-Chief

Prof. Dr. Masayoshi Yamaguchi

Cancer Biology Program, University of Hawaii Cancer Center, University of Hawaii at Manoa, 701 Ilalo Street, Hawaii, HI 96813, USA

Author Benefits

Open Access:

free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility:

indexed within Scopus and other databases.

Rapid Publication:

manuscripts are peer-reviewed and a first decision is provided to authors approximately 21.1 days after submission; acceptance to publication is undertaken in 5.7 days (median values for papers published in this journal in the second half of 2025).